

Catherine's Journal

Pattern can be expanded to any size to fit the intended book



Designed by Christine Mitchell.

Read instructions carefully before starting the project.

Measurements are imperial with the approximate metric conversion.

Materials:

- This project is perfect as a stash buster, use up leftover fabric (even join to get pieces the right size needed)
- Iron on pellon to fit your journal
- Matching thread
- Journal
- A4 Sheet of Inkjet printable fabric (can be purchased from patchwork shops)

Tools required:

- Brother sewing machine
- J foot
- Optional walking foot, makes sewing many layers easier
- Brother Inkjet printer
- Fabric marking pen, scissors, measuring tape, pins etc
- Optional cutting mat, ruler and rotary cutter

Making the Journal Cover:

1. On your computer write a message or name over and over using different colours to match fabrics, fonts and sizes (I did three and a half lines and copied and pasted until page was full).

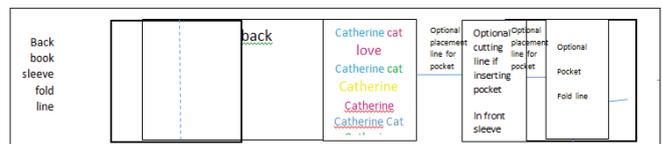


2. Print the fabric sheet using the manufacturer's instructions.
3. Measure front cover top to bottom, add 1 3/8" (3cm) to this measurement.
Example; mine measured 8 3/8" plus 1 1/8" = 9 1/2" (21.2cm plus 3 = 24.2cm)
4. Measure closed book from back edge all the way around to the front edge, add 1 1/8" (3cm) to this measurement.
Example mine measured 12 1/2" (31.75cm) add 1 1/8" (3cm) = 13 5/8" (34.75cm)
5. Draw design lines onto pattern, add 1/4" (6mm) seam allowances to joins.
6. This is now our basic pattern, the cover fabrics will be joined and cut to this size.



7. The lining and wadding or pella will be cut to this size.

8. The fabric for the cover sleeves will measure approximately 2/3 the width of the pattern (fabric may joined). Folded right sides out, long edges together.
9. Cut pocket to fit the width of the panel plus seams where it's to be inserted and double the height of the pocket. Think about what is going into the pocket when deciding on the dimensions and only put a pocket on either the front or the sleeve, not both.



10. After joining the front pieces together, iron the pella to the back following the manufacturer's instructions.



14. Attach walking foot, lay book cover face up, position sleeves, raw edges together. If pocket is in sleeve place pocket facing book front. Pin. Sew $\frac{3}{8}$ 'in (1cm) seam on lower edge of back sleeve.
15. Cover with lining, right sides together, re-pin and sew all around the cover, stopping just past the previous stitching. There is now a gap to turn right sides out after trimming seam to approximately to $\frac{1}{4}$ 'in (6mm).
16. Give the cover a good press and insert book in sleeves.



Congratulations your Journal is now finished!



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